

# Argonaut Rowing Club

## Learn to Row/OarBoard Instructor

### Overview of Programs

Introductory Programs are designed to introduce people to the sport of rowing. These programs include Learn to Row, Corporate events and Oarboard rentals. The Learn to Row program teaches rowing and/or sculling, in large boats. It is the main entry point for new members to the club and works to foster an appreciation for rowing.

Each Adult Learn to Row session covers 10 hours of coaching over the span of two and a half weeks. Each session will require one Lead instructor and one to three assistant instructors, depending on the number of participants.

Corporate events are based on the Learn to Row program. These are ad hoc events which require at least one coach and one coxswain. Staffing depends on the number of participants.

Additionally, there may be opportunities to instruct group oarboard events. Each OarBoard session will be a unique group booking. The on water portion will be 1-2 hours and if weather does not allow, instructors will lead indoor activities. OarBoard sessions will involve one Lead Instructor and at least one Assistant Instructor.

### Overview of Positions

#### Lead LTR instructor

- Responsible for all 10 hours of a particular Learn to Row session, or, if not available for all hours, then a separate schedule can be worked out on a case-by-case basis
- Usually in a coach boat, coaching up to two crews of eight
- Ensures that each member of the instructor team knows their roles and responsibilities for the lesson
- Ensures that the lesson runs to time and meets lessons goals
- Provide coaching and support to participants

#### Assistant Instructor

- Responsible for all 10 hours of a particular Learn to Row session, or, if not available for all hours, then a separate schedule can be worked out on a case-by-case basis. Assistance in finding a replacement is required
- To support the Lead instructor to execute each lesson per the lesson goals
- Provide coaching and support to participants

## Qualifications Required

- Comprehensive knowledge of rowing
- RCA LTR Instructor coaching course completed (training will be provided)
- Superior customer service experience
- Strong communication and organizational skills
- Flexibility and ability to work hard
- Willingness to get directly involved in ARC activities and programs
- Self-motivated / willing to take initiative / problem-solver
- Ability to work independently, with minimal supervision
- First Aid, CPR, Pleasure Craft Operator's Permit, and Toronto Port Authority Operator's Permit are an asset; training will be provided by Club otherwise
- Bronze Cross an asset

## Start/end dates; Hours of work

The Introductory programs season begins April 21 and ends October 2, 2024.

Hours of start/end date may be flexible. Hours of work per week are also flexible. Discussion of start/end dates and hours will be discussed if interviewed.

Note that requests for weekend hours only are possible.

## Training dates

The training date for in person Learn to Row Coach certification will be Sunday, February 18. Virtual options are available but space is limited. We highly encourage attendance at the in-person.

Program specific training day for Adult Learn to Row will be Sunday, April 14, 2024.

## Compensation

- Lead Coach/OB coach: \$19.00/hr.
- Coxswain/assistant OB coach: \$17.00/hr.

## Application Deadline:

February 4, 2024

Please email [learntorow@argonautrowingclub.com](mailto:learntorow@argonautrowingclub.com) with your resume and a cover letter providing information on your rowing experience, coaching experience, desired position (coach or coxie), why you'd be interested in helping out the Learn to Row program this year. Please put "LTR Instructor" in the subject line.

Please note: we thank all applicants in advance, however, only those selected for an interview will be contacted. All qualified candidates will be considered but priority may be given to applicants with disabilities, Aboriginal applicants, visible minorities, LGBTQ2 applicants, or those who have not previously been employed and for whom this would be their first job experience.