

Argonaut Rowing Club

Assistant Junior Coach

Position Summary

Under the guidance and supervision of the Head Junior Coach, the Assistant Junior Coach will support the development of rowing programs at the Argonaut Rowing Club (ARC), providing high quality coaching, and providing organizational support as required.

Responsibilities

1. Under the guidance of the Head Junior Coach, implement training programs for athletes at the Argonaut Rowing Club.
 - a) Assist with supervision of athletes during normally scheduled practices;
 - b) Monitor rowing and safety equipment: ensure in advance equipment is ready for each session, arrange for repairs where necessary;
 - c) Train athletes in specified rowing skills;
 - d) Participate in day-to-day planning of practices;
 - e) Support in particular, athletes from introductory programs who transition into the Argonaut RC development or competitive/performance programs based on their rowing ability.
2. Assist in selection processes and attend all regattas at which designated athletes are competing.
 - a) Assist the Head Junior Coach in ensuring that all athletes fully understand the requirements for attendance at regattas, including selection (if applicable), trailer loading and unloading, and regatta entry and trailering fees;
 - b) Help to ensure all athletes are Club members and are registered with RCA and Row Ontario;
 - c) Assist with entering and tracking regatta entries;
 - d) Undertake other administrative tasks as required by the Program Head Coach.

Qualifications

- Knowledge and understanding of RCA's Athlete Development Pathway;
- Successful completion of, at a minimum, the 'RCA LTR Instructor' course (check and sign-up <http://www.rowontario.ca/events/>), though 'RCA Coach' is preferable.
- Satisfy all requirements of RCA's Every Coach Certified;
- Two (2) boat licenses: Powered Vessel Operator's Permit **and** Pleasure Craft Operator's Card;
- Standard First Aid and CPR (can be obtained after hiring);
- Comprehensive knowledge of rowing technique and training methodologies;
- Strong communication and organizational skills;
- Flexibility and ability to work on several tasks at once,
- In possession of and willing to use own computer to send and respond to emails.

Hours of Work

Days and hours of work will vary each week based on which group the Assistant Junior Coach is responsible for, and depending on whether there are competitions. Typically, the Assistant Junior Coach will work 35 hours per week, coaching 1 - 2 practices per day, with the remainder of their time spent on administrative tasks, equipment maintenance, or travel, depending on the needs of the program. Days of work may vary, but will include both weekdays and weekends for the majority of programs.

Time-in-lieu will be given for time worked at regattas, when applicable.

Position start/end dates

This position runs from May 6, 2024 to August 4, 2024. These dates are flexible, with the potential for the period of employment may be extended as late as August 25, 2024 depending on program size and employee availability.

Compensation

\$19.00 per hour

Application Deadline

February 4, 2024

Please forward resumes to coach@argonautrowingclub.com and indicate "Assistant Coach" in the subject line.

Please note: we thank all applicants in advance, however, only those selected for an interview will be contacted. All qualified candidates will be considered but priority may be given to applicants with disabilities, Aboriginal applicants, visible minorities, and/or LGBTQ2IA+ applicants.